

PLEASE FOLLOW THESE IMPORTANT INSTRUCTIONS



Frequently wash your hands with soap and water for at least 30 seconds or use hand sanitizer that contains at least 60% alcohol.



Dry your hands after washing them, as the viruses spread more easily from wet skin.



If possible, **do not touch your face**.



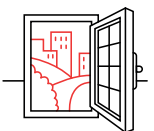
If you cough or sneeze, **cover your nose and mouth with a tissue or your bent elbow**.



Wear a face mask or a respirator if you are outside your household.



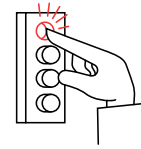
If you are feeling sick, stay at home and call your physician.



Often ventilate in your apartment and continually ventilate the common areas of apartment buildings.



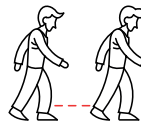
If possible, **use stairs instead of elevators**.



Do not touch the surfaces in the common areas with your hands. Use your elbow or keys to touch a door handle or to press a button.



Frequently clean the common areas as well as door handles, light switches and elevator buttons with cleaning products containing chloride.



Outside your household maintain at least 2 m distance from other people.



Do not invite people over and do not visit elderly and sick people.



Offer those in quarantine help by buying groceries and medicines for them.



Avoid crowded places.

THANK YOU FOR BEING CONSIDERATE AND ACTING RESPONSIBLY.

ADDITIONAL INSTRUCTION FOR QUARANTINED HOUSEHOLDS

- 1 Do not leave your household.**

- 2 Do not shop in brick-and-mortar stores** – use delivery service or help of others. Pick up your goods in face mask and gloves and maintain the distance of 3 meters.

- 3 Use disposable tissues** to dry your hands and surfaces.

- 4 Often disinfect door handles, surfaces and items** with products containing chloride or at least 60% alcohol.

- 5 Monitor the condition of your health.** If you have symptoms (fever, cough, shortness of breath), call your physician and Regional Public Health Authority immediately.

- 6 Do not share personal items as towel, plate, glass or utensils.** Allocate them to everyone in the household.

- 7 If you have coronavirus, isolate yourself from others as much as possible.** Stay in a closed and ventilated room, wear face mask and regularly disinfect the bathroom and the toilet.

Remain in mandatory **14-day quarantine** if there are persons returning from abroad or people with COVID-19 (coronavirus) in your household. Failure to maintain the mandatory household quarantine may be fined by **EUR €1,659**.

Consider staying in quarantine if there are people over 60 years of age or people with chronic illnesses (e.g., hypertension, diabetes, allergy) in your household

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